Could You Use Some Extra Support with Your Dissertation or Thesis Writing Process?

This 2-session workshop series provides a supportive space for graduate students to explore tools to overcome obstacles, such as goal setting, procrastination, social isolation, and time management. Please note that this workshop does not focus on the technical aspects of writing. The workshop is to help participants stay on track during their writing process.

Workshop Leader: Dr. Bai-Yin Chen, Psychologist, Counseling Services. Bai-Yin Chen is a psychologist specializing in college mental health and graduate student concerns and issues.

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